

## Seminar offer for „efficient learning” by Dirk Käser M.A.

### goal:

it is undisputed that each person in the working life must learn to always stay on the ball and to feel confident in dealing with his work. This seminar provides the knowledge and skills to meet this request. We focus on a learning approach, which strongly depends on the individual requirements. Accordingly, the appropriate techniques are taught, including playful techniques for memorizing information and speed reading techniques.

### target group:

managers, workers and students who search for ways to efficient learning.

**number of participants:** max. 12

### content:

- ✓ physiology and psychology of learning
- ✓ analysis of the learning type
- ✓ implications for optimal learning behavior
- ✓ learning techniques
- ✓ playful tricks and concentration techniques
- ✓ efficient method of reading
- ✓ excerpting and writing down
- ✓ important aspects of time management and storage technology



### Contact me!

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